

New Leaflet



In preparation for the Heart and Soul event in Edinburgh in May (see report on page 3), we developed a new four-page leaflet for us that gives details of who and what the SCCG is and our main areas of partnership. If you would like some leaflets to distribute in a group you are involved with, please just get in touch with us. We also now have some branded pens and lanyards for distribution!

Facebook Page Update

We recently changed our Facebook Page 'name' to make it easier for people to recognise and 'tag' us. It's now @ScotChurchChina. Those of you who bookmarked the original link to our Facebook Page, should update that to: <https://www.facebook.com/ScotChurchChina/>. Our Twitter name is unchanged SCCG@ScotCCG. Please remember to tell people about our presence on social media as we start to build it up - thanks.

Scottish Churches China Group

苏格兰教会中国会



NEWSLETTER



BBC documentary: Scots in China

In March we were approached by television production company, Matchlight, about our work with Shengjing Hospital. Matchlight are producing two one-hour documentaries for BBC Scotland about Scots who are living/working in China. The focus is our partnerships with the Palliative Care Ward and GP Training staff. Filming took place early June and Matchlight flew SCCG Advisor Patricia Johnston out to participate and introduce our work at the hospital.

Tricia says, "As it turned out, we did all the filming on Tuesday 12th June and, boy, was it tiring! Part of what the film crew wanted to do was to capture the contrast between our health services here and those in China. This involved us filming in the main entrance area of the Hua Xiang Branch Out Patients' Building. Hua Xiang is the smaller of the two hospital campuses so 'only' sees about 5,000 people per day in its Out Patients. The clinics are over six floors and the coming and going of patients and families is just constant – and the film crew was very keen to capture this.

"They also wanted to film how patients can come in and select which doctor they want to see. They do this by inserting an ID card into a 'ATM'-like machine, which brings up the names of the different departments. The names of available doctors is displayed, along with consultation fees. A doctor is selected and an appointment is booked. Other machines will give test results which can then be taken into the consultation. This all saves a bit of time which is key when doctors are expected to see up to 80 patients a day. Although we filmed for about 6-6½ hours it will be distilled down to about 10 minutes! Hopefully it will be a good showcase for our work."

We will let you know the broadcast date on BBC Scotland as soon as we are told, but we expect it to be later this year.

Spiritual Care Training and GP Training, Shengjing Hospital, Shenyang

On 26 May, Paul and Marie Graham set off for Shenyang – well, they set off after a hiccup with their KLM flight (it was cancelled)! Instead of a very straightforward trip via Amsterdam and Beijing they finally arrived in Shenyang, 12 hours late, via Heathrow and Shanghai.

Why were they going? Well, Paul is Head of NHS Lanarkshire's Spiritual Care and Well Being Dept and, his wife, Marie, is a highly experienced Health Visitor in Glasgow. They were heading to Shenyang to provide training to staff involved in two of our programmes with Shengjing Hospital.

Spiritual Care Training Overview:

DAY 1 : Introductions & Plan for the week; Values-based Reflective Practice (VBRP) Overview & exercise

DAY 2: Reflective Practice in Groups

DAY 3: Spiritual Care in Healthcare; Spiritual Care & Palliative Care

DAY 4: Spiritual Care and Listening Skills; Advanced Communication Skills

DAY 5: Spiritual Care for Staff – Growing Wellbeing and Resilience; Review & Planning

Paul was there to provide further training in Spiritual Care for staff working in the Palliative Care Ward. As you can see from the Training Programme Overview, it was a very full week which proved to be both challenging and enriching for the staff participants.

Feedback from Dr Wang Yumei, Director of the Palliative Care Ward said, "The course was excellent. Paul and us were very involved, so everyone is focused. his is a very good training... our staff thought and learned a lot."

While Paul was working with the Palliative Care Staff, Marie was meeting with the staff involved in developing GP services in Shenyang. Marie presented lectures on the role of the GP; how to become a GP and how Multidisciplinary Teams work. She also visited some of the smaller hospitals and clinics and met with nurses to speak about the role of the Specialist Nurse.

We are very grateful to Marie for offering this training as the setting up of GP practices is not universally welcomed. The Chinese Government wants to re-establish GP's working out of smaller hospitals and clinics to address the waiting lists building up in the larger hospitals. This will take time, though, as the general understanding is that the best medical students will specialise in a recognised field of work and then go to work in a large hospital. This pathway 'affirms' how good a doctor they are. As a GP is not seen as being a specialist, the implication is that they are 'second rate' doctors who are becoming GP's because they aren't good enough to specialise and work in a big hospital.

The Management Committee are continuing to discuss with the Shengjing Hospital staff responsible for developing GP services as to how best we can support them in developing this field of work.



New Post

The Management Committee are delighted to welcome Gillian McKinnon to the SCCG as our Website and Publicity Officer. Gillian took up her post on 1 April and will be working for the SCCG for two hours a week. Her main responsibilities will be building our public profile via our website, Twitter, Facebook accounts and press releases.

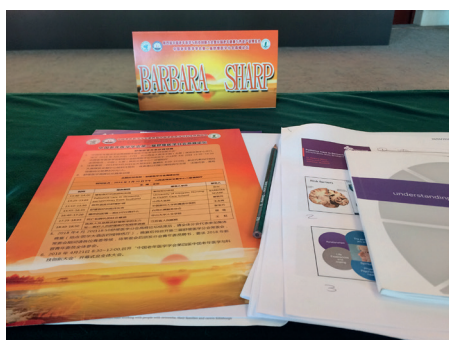
Amity Update

Mr Qiu Zhonghui has been elected Chair of the board of the Amity Foundation during the 4th meeting of the 3rd board held on April 18, 2018. They say, "Amity looks forward to closer cooperation with our international partners under the governance and guidance of the board on the journey ahead." As many readers will know, the Amity Foundation is an independent Chinese Civil Society Organisation that is supporting sustainable development in China. It was the first faith-based NGO in China created on the initiative of Christian leaders contributing to the development of China's Reform and Opening-up. The Scottish Churches China Group began working with The Amity Foundation in 1986.



Palliative Care Address

Through our partnership with Shengjing Hospital, we were asked to recommend an expert Speaker to present at an International Conference organised by the Chinese Geriatrics Association. The Conference was being held in Taiyuan between 20 -22 April and the Speaker's topic was 'Palliative Care for people living with Dementia'. Following contact with Alzheimer Scotland, we were delighted when Dr Barbara Sharp indicated her interest in attending. As Policy & Research Advisor for Alzheimer Scotland Barbara brought a huge range of expertise and knowledge to her presentation which was acknowledged in the feedback we received from the Conference organisers. Our thanks to Barbara and Alzheimer Scotland for their continued support.



Heart & Soul

For the first time the SCCG had a stand at the Heart and Soul Event, which took place this year in Princes St Gardens on Sunday 20 May in Edinburgh. Heart and Soul is organised by the Church of Scotland and has run since 2011. Its main purpose is to celebrate the life and work of the church, and has now for several years also showcased the work of partners and other Christian organisations. Heart and Soul attracts around 5000 visitors. Patricia Johnston organised our participation at this year's event. She says, "Fortunately, we had a dry day so the event was well attended. Lyn, Jane, Margaret and I were able to share the work of the SCCG with a considerable number of people, some of whom signed up for our mailing list. Lots of pens, leaflets and lanyards were given out which more than compensated for the sore feet! Thanks to Lyn, Jane and Margaret for their help. Hopefully, we can do it all again next year, perhaps with a bigger stand that will showcase our work even better."

New research

Dr Caroline Gunn, of Leeds University, (formerly Caroline Fielder, Director of the CTBI China Desk), has indicated interest in writing an academic paper on our work with Shengjing Hospital Palliative Care Ward. Although Palliative Care and Hospice services are in their infancy in China, research could shed light on why some patients/families are choosing for the death to take place in a hospital setting, rather than at home. It would also look at why some Chinese medics consider colleagues who work in Palliative Care to be wasting their time and skills.

Plenary Session

A date for your diary - the SCCG Autumn Plenary will be held on Tuesday 11th September at 10.00am for 10.30am. As usual, it will be held in Augustine United Church on George 1Vth Bridge, Edinburgh. Look forward to seeing you with lots of friends and new members.

Privacy Policy

Following the new General Data Protection Regulations (GDPR) that became law on 25th May the SCCG has developed a Privacy Policy that outlines what information is held, why and how this is done. Our Privacy Policy can be viewed on <http://www.sccg.org.uk/privacy-policy/>. If you have any questions, please do not hesitate to get back to me. A hard copy of the Privacy Policy can be sent out upon request.

Contact Us

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China Programmes Visit

The SCCG Advisor, Patricia Johnston, travelled to China between 4 - 15 April to evaluate our partner programmes and projects. She was accompanied on the first part of the trip by Jasmine Miller. Jasmine is a Leadership, Business and Life Coach. As the former Principal of New Struan School, Jasmine has previously worked with the SCCG in arranging training placements for Amity staff from the Children's Development Centre so she is already known to many of the staff in China.

The visit started in Nanjing where the purpose was to do an evaluation of our programmes with Amity. The reasoning behind this is that a) it is good practice to do a regular evaluation to ensure the partnership is still working/relevant to both parties; b) to look at issues around securing funding for work in China. It is becoming increasingly difficult to secure funding for aid programmes in China as it is not seen as a 'developing country' and, while it is true that there is considerable wealth in the country, it is also true that there

are a considerable number of difficulties, one of which is a skills gap. For example, The Amity Foundation has a developing range of services for the elderly including residential and community based work for people living with dementia. This, however, is a new field of work in China and there aren't the specialists to guide the development of good practice, hence the need to look beyond China for training. This is where organisations such as the Scottish Churches China Group come in.

Tricia travelled on from Nanjing to Shenyang on 9 April. The schedule for her week covered the Rehabilitation Unit, the Palliative Care/Hospice Ward, and meeting staff involved in developing GP Services (the SCCG will be offering a scholarship for a Masters in Family Medicine at Edinburgh University.) She also met with Father Zhang at the Caritas Social Service Centre. Father Zhang, and some of his staff work very closely with the Palliative Ward staff to deliver Spiritual Care to patients and families. Thanks to funding from the Barbour Trust, we have been able to support the development of this programme to other hospitals and the wider community. Finally, Tricia had a meeting with the Party Secretary at China Medical University before flying home. A full, and very useful, visit!

